



COURSES & WORKSHOPS

October 19 – July 20

Date	Course/ Workshop
16th January 20	<p style="text-align: center;">Autism & ADHD Venue: Our Lady and St Swithin's CP School, Parkstile Lane, L11 0BQ 9.30 – 12pm</p> <p>This course is being delivered by Lynn McCann from Reachout ASC - Autism Support.</p> <p>Increasing numbers of children are being diagnosed with both autism and ADHD. In this course you will learn how the two conditions present and interact in individual children.</p> <p>To request a place on this course please complete a booking request form at www.theisabellatrust.org/apply-for-course/</p>
16th January 20	<p style="text-align: center;">Autism & Puberty Venue: Our Lady and St Swithin's CP School, Parkstile Lane, L11 0BQ 12.30pm – 2.45pm</p> <p>This course is being delivered by Lynn McCann from Reachout ASC - Autism Support.</p> <p>This course provides an understanding of the issues and experiences around growing up that autistic young people may experience. Lynn McCann shares some research, resources and practical ideas based on the work she has been doing with autistic young people over the years.</p>

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<p>28th January, 4th & 11th February 20</p>	<p style="text-align: center;">Sensory Needs Venue: DCLP, 5 Shelmore Drive, Dingle, L8 4YL 6pm – 8pm</p> <p>This seminar is being delivered by Tracy Bowyer founder of The Isabella Trust and facilitator for NAS family seminars.</p> <p>This seminar is delivered over three weeks and is aimed at parents who would like more information on sensory differences that their child may be experiencing.</p> <p>The seminar gives parents an introduction to the sensory systems and sensory processing. It explores the potential differences in sensory processing that might be experienced by autistic children.</p> <p>To request a place on this course please complete a booking request form at www.theisabellatrust.org/apply-for-course/</p>
<p>13th February 20</p>	<p style="text-align: center;">Autism & Transitions Venue: Our Lady and St Swithin's CP School, Parkstile Lane, L11 0BQ 12.30pm – 2.45pm</p> <p>This course is being delivered by Lynn McCann from Reachout ASC - Autism Support.</p> <p>The aims of the course are to support parents and carers to help autistic children and young people understand their anxiety and provide strategies to enable them to manage it throughout their lives. The course includes practical activities and resources that help and support the child or young person.</p> <p>To request a place on this course please complete a booking request form at www.theisabellatrust.org/apply-for-course/</p>

<p>14th February 20</p>	<p style="text-align: center;">Makaton Taster Session Venue: Our Lady and St Swithin's CP School, Parkstile Lane, L11 0BQ 1pm – 2.30pm</p> <p>This workshop is being delivered by Helen Adams an experienced Speech and Language Therapist and regional Makaton tutor.</p> <p>This course gives a brief introduction to Makaton signs and symbols and teaches 30 signs/symbols and also the opportunity to practise using them to underpin spoken language. Participants receive a copy of the signs/symbols and a certificate from the Makaton Charity.</p> <p>To request a place on this course please complete a booking request form at www.theisabellatrust.org/apply-for-course/</p>
<p>26th February – 22nd April 20</p>	<p style="text-align: center;">Elklan – Let’s Talk with Under 5’s Venue: Yew Tree Children's Centre, Berryford Road, L14 4ED 10am – 12pm</p> <p>This course is being delivered by Tracy Bowyer the founder of The Isabella Trust and Elklan Let’s Talk Tutor.</p> <p>A practical training course for parents, carers (including child minders) and pre-school practitioners wanting some key skills and knowledge.</p> <p>Completion of this course gives practical advice and strategies which are also suitable for children with English as an additional language and other special educational needs. This course has helped many parents of young children maximise their child's communication potential and ensure they are ready for school.</p> <p>Participants receive a certificate for the Let’s Talk with Under 5s course. There is also an option to complete an accreditation by an externally quality assured and Ofqual regulated national Awarding Organisation. The accreditation gained will be 3 credits at level 1. You will be given support and encouragement to achieve this goal.</p> <p>You will also be given opportunities to discuss ideas to help children learn to listen, understand and talk; information about communication difficulties children can experience; opportunities to meet other pre-school practitioners, parents and carers: information about normal speech and language development; and an illustrated workbook full of practical</p>

	<p>tips and ideas which provides a rich source of individualised strategies and information to support a specific child.</p> <p>This is a 7-week course with no sessions being delivered during the 2-week spring break on 8th & 15th April.</p> <p>To request a place on this course please complete a booking request form at www.theisabellatrust.org/apply-for-course/</p>
<p>28th February & 6th March 20</p>	<p style="text-align: center;">Level 1 & 2 Makaton</p> <p style="text-align: center;">Venue: Arnot Saint Mary Church of England Primary School, Arnot Street, L4 4ED 9.30am - 3.30pm</p> <p>This workshop is being delivered by Helen Adams an experienced Speech and Language Therapist and regional Makaton tutor.</p> <p>Day 1 of the workshop provides a comprehensive introduction to Makaton and how it can support communication together with learning signs/symbols from stages 1-2 of the Core Vocabulary (and half the Additional) - 120 signs/symbols. The day is varied with practical sessions and short lectures on how Makaton differs from BSL and also how to use Makaton signs/symbols to support learning/communication.</p> <p>On day 2 of the workshop participants will learn approximately an additional approximately 120 Makaton signs and symbols from stages 3-4 of the Core Vocabulary plus the Additional Vocabulary.</p> <p>Upon completion of the two-day workshop you will have the confidence and skills to use the signs to support verbal communication on an everyday basis. You will also understand how Makaton differs from sign language and how to introduce signs/symbols to a child/adult with communication difficulties</p> <p>Each participant will receive the accompanying Makaton manuals and also certificate from the Makaton Charity.</p> <p>To request a place on this course please complete a booking request form at www.theisabellatrust.org/apply-for-course/</p>

13th March 20	<p style="text-align: center;">Eating Difficulties Venue: DCLP, 5 Shelmore Drive, Dingle, L8 4YL 9.30 – 2.30pm</p> <p>This course is being delivered by Lisa Hamer from Shine Therapy who is an experienced occupational therapist and advanced practitioner in sensory integration.</p> <p>This course explores some of the reasons as to why children experience eating difficulties/”fussy eating” and how all those that care for and support the child can help to increase their confidence, motivation and ultimately the number of different foods that they eat.</p> <p>To request a place on this course please complete a booking request form at www.theisabellatrust.org/apply-for-course/</p>
21st April 20	<p style="text-align: center;">Autism & Girls Venue: Leamington Primary School, Leamington Road, Norris Green, L11 7BT 9.30am – 12pm</p> <p>This course is being delivered by Lynn McCann from Reachout ASC - Autism Support.</p> <p>Lynn is the author of a chapter in "Educating Girls on the autistic spectrum: Developing an integrated approach and works to identify and support autistic girls in mainstream schools.</p> <p>This course looks at the identification, characteristics and support needs of autistic girls.</p> <p>To request a place on this course please complete a booking request form at www.theisabellatrust.org/apply-for-course/</p>
21st April 20	<p style="text-align: center;">Social Stories Venue: Leamington Primary School, Leamington Road, Norris Green, L11 7BT 12.30-2.45pm</p>

	<p>This course is being delivered by Lynn McCann from Reachout ASC - Autism Support.</p> <p>Lynn is the author of "Stories that Explain" (a collection of social stories for primary children) and has been writing social stories for over 12 years.</p> <p>This course teaches you how to write a social story using the specific structure advocated by Carol Gray. You will learn how to spot an ineffective social story and how to collect the right information to form your story focus.</p> <p>To request a place on this course please complete a booking request form at www.theisabellatrust.org/apply-for-course/</p>
<p>24th April 20</p>	<p style="text-align: center;">Lego Based Therapy Training Venue: DCLP, 5 Shelmore Drive, Dingle, L8 4YL 9.30am – 4pm</p> <p>Training for professionals into how to deliver Lego®-based therapy.</p> <p>This one-day course is suitable for early years practitioners, teachers, teaching assistants, psychologists, speech and language therapists, occupational therapists, play therapists, counsellors, education specialists or other professionals who work with young people struggling with social communication.</p> <p>To request a place on this course please complete a booking request form at www.theisabellatrust.org/apply-for-course/</p>
<p>30th April & 7th May 20</p>	<p style="text-align: center;">Managing Anger Venue: Leamington Primary School, Leamington Road, Norris Green, L11 7BT 10am – 1pm</p> <p>This seminar is being delivered by Tracy Bowyer founder of The Isabella Trust and facilitator for NAS family seminars</p> <p>This course looks at why an autistic child may experience anger and explores the low-arousal approach of supporting children's communication and behaviour.</p> <p>The aims of the seminar are to:</p>

	<ul style="list-style-type: none"> - Get a better understanding of how we react to anger - Gain information about using the low arousal approach - Get practical ideas to help yourself and children learn to manage anger. <p style="text-align: center;">To request a place on this course please complete a booking request form at www.theisabellatrust.org/apply-for-course/</p>
<p>6th May – 24th June 20</p>	<p style="text-align: center;">Elklan – Lets Talk Together Venue: Leamington Primary School, Leamington Road, Norris Green, L11 7BT 10am – 12pm</p> <p>This course is being delivered by Tracy Bowyer the founder of The Isabella Trust and Elklan Let’s Talk Tutor.</p> <p>A practical training course for parents, carers, child minders, early years practitioners and school-based practitioners wanting some key skills and knowledge in developing the communication skills of children with social communication needs including autism.</p> <p>This course provides practical advice and strategies which help maximise communication potential.</p> <p>Participants receive an attendance certificate for the Let’s Talk Together course. There is also an option to complete an accreditation by an externally quality assured and Ofqual regulated national Awarding Organisation.</p> <p>The accreditation gained will be 3 credits at level 1. You will be given support and encouragement to achieve this goal.</p> <p>The course provides opportunities to discuss ideas to help children learn to listen, understand and talk.</p> <p>Information about communication difficulties children can experience.</p> <p>Opportunities to meet other school practitioners, parents and carers.</p> <p>An illustrated workbook full of practical tips and ideas which provides a rich source of individualised strategies.</p> <p style="text-align: center;">To request a place on this course please complete a booking request form at www.theisabellatrust.org/apply-for-course/</p>
<p>18th May 20</p>	<p style="text-align: center;">Pathological Demand Avoidance Venue: TBC</p>

	<p style="text-align: center;">Registration: 9.45am, Course: 10am – 3pm</p> <p>This course is being delivered by the PDA society and will cover:</p> <ul style="list-style-type: none"> What is PDA, how it relates to the Spectrum What is a demand and how they make individuals with PDA feel Panic Attacks/Meltdowns (why they happen) Strategies to decrease anxiety and meltdowns Look at Collaborative and Proactive Solutions The importance of Trust Diagnosis SEN including education Resources Signposting Q&A time <p style="text-align: center;">To request a place on this course please complete a booking request form at www.theisabellatrust.org/apply-for-course/</p>
<p>19th May 20</p>	<p style="text-align: center;">Autism & ADHD</p> <p style="text-align: center;">Venue: Arnot Saint Mary Church of England Primary School, Arnot Street, L4 4ED 9.30 – 12pm</p> <p>This course is being delivered by Lynn McCann from Reachout ASC - Autism Support.</p> <p>Increasing numbers of children are being diagnosed with both autism and ADHD. In this course you will learn how the two conditions present and interact in individual children.</p> <p style="text-align: center;">To request a place on this course please complete a booking request form at www.theisabellatrust.org/apply-for-course/</p>
<p>19th May 20</p>	<p style="text-align: center;">Autism & Puberty</p> <p style="text-align: center;">Venue: Arnot Saint Mary Church of England Primary School, Arnot Street, L4 4ED 12.30pm – 2.45pm</p> <p>This course is being delivered by Lynn McCann from Reachout ASC - Autism Support.</p>

	<p>This course provides an understanding of the issues and experiences around growing up that autistic young people may experience. Lynn McCann shares some research, resources and practical ideas based on the work she has been doing with autistic young people over the years.</p> <p>To request a place on this course please complete a booking request form at www.theisabellatrust.org/apply-for-course/</p>
<p>11th June 20</p>	<p style="text-align: center;">Autism & Anxiety</p> <p style="text-align: center;">Venue: Leamington Primary School, Leamington Road, Norris Green, L11 7BT</p> <p style="text-align: center;">9.30am – 12pm</p> <p>This course is being delivered by Lynn McCann from Reachout ASC - Autism Support.</p> <p>The aims of the course are to support parents and carers to help autistic children and young people understand their anxiety and provide strategies to enable them to manage it throughout their lives. The course includes practical activities and resources that help and support the child or young person.</p> <p>To request a place on this course please complete a booking request form at www.theisabellatrust.org/apply-for-course/</p>
<p>11th June 20</p>	<p style="text-align: center;">Autism & Transitions</p> <p style="text-align: center;">Venue: Venue: Leamington Primary School, Leamington Road, Norris Green, L11 7BT</p> <p style="text-align: center;">12.30pm – 2.45pm</p> <p>This course is being delivered by Lynn McCann from Reachout ASC - Autism Support.</p> <p>The aims of the course are to support parents and carers to help autistic children and young people understand their anxiety and provide strategies to enable them to manage it throughout their lives. The course includes practical activities and resources that help and support the child or young person.</p> <p>To request a place on this course please complete a booking request form at www.theisabellatrust.org/apply-for-course/</p>

<p>9th July 20</p>	<p style="text-align: center;">Autism & Girls</p> <p style="text-align: center;">Venue: Arnot Saint Mary Church of England Primary School, Arnot Street, L4 4ED 9.30am – 12pm</p> <p>This course is being delivered by Lynn McCann from Reachout ASC - Autism Support.</p> <p>Lynn is the author of a chapter in "Educating Girls on the autistic spectrum: Developing an integrated approach and works to identify and support autistic girls in mainstream schools.</p> <p>This course looks at the identification, characteristics and support needs of autistic girls.</p> <p>To request a place on this course please complete a booking request form at www.theisabellatrust.org/apply-for-course/</p>
<p>9th July 20</p>	<p style="text-align: center;">Social Stories</p> <p style="text-align: center;">Venue: Venue: Arnot Saint Mary Church of England Primary School, Arnot Street, L4 4ED 12.30-2.45pm</p> <p>This course is being delivered by Lynn McCann from Reachout ASC - Autism Support.</p> <p>Lynn is the author of "Stories that Explain" (a collection of social stories for primary children) and has been writing social stories for over 12 years.</p> <p>This course teaches you how to write a social story using the specific structure advocated by Carol Gray. You will learn how to spot an ineffective social story and how to collect the right information to form your story focus.</p> <p>To request a place on this course please complete a booking request form at www.theisabellatrust.org/apply-for-course/</p>

For further information please contact us on

info@theisabellatrust.org

